

The Parent Channel®: at-home delivery

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Healthtv THE PARENT CHANNEL

3 million people **feel better** after watching 3 hours of TV every day.

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THE PARENT CHANNEL®
Makes you proud to be a parent

More Info

00:14 / 03:08

The Parent Channel Demo

Formula Preparation

Never Shake a Baby

Babies cry

Parents are human

Babies can be frustrating: coping strategies

What care-givers need to know

Breathing Easier

Controlling triggers

Asthma-proof baby's room

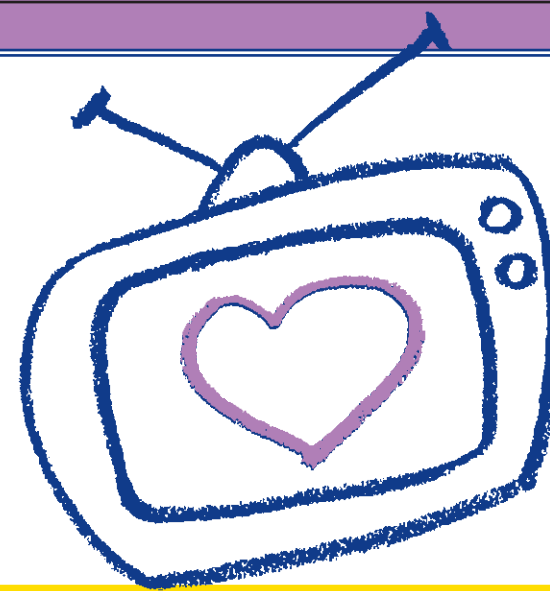
Creating a dust-free environment

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Get to know the company behind The Parent Channel®
www.healthtvsystem.com

With a Quick Link, you're a click away from watching
The Parent Channel videos.



THE PARENT CHANNEL®

Canada's only in-hospital parenting network.



TV GUIDE

**24 hours of parenting information
FREE on your hospital channel.**

Please be aware that the programming on The Parent Channel® is of a general nature. Not all information is appropriate for all families in all situations. Please consult your health-care provider for specific concerns related to your situation.

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Program Guide

In the beginning

6:00am 9:00am 12:00pm 3:00pm 6:00pm 9:00pm 12:00am 3:00am

Breastfeeding: Getting to know your baby 8 minutes
Demonstration of proper positioning and latch; learning baby's cues.

6:10am 9:10am 12:10pm 3:10pm 6:10pm 9:10pm 12:10am 3:10am

Breast Pumps 4 minutes
When to use a breast pump; 'how-to' demonstrations.

6:14am 9:14am 12:14pm 3:14pm 6:14pm 9:14pm 12:14am 3:14am

I'm So Tired 13 minutes
Mothers share coping tips for life with a new baby; signs of post-partum depression.

6:28am 9:28am 12:28pm 3:28pm 6:28pm 9:28pm 12:28am 3:28am

Baby and the Bath 8 minutes
A complete newborn bath, head-to-toe.

6:36am 9:36am 12:36pm 3:36pm 6:36pm 9:36pm 12:36am 3:36am

Care for Baby 7 minutes
How to take a baby's temperature; signs that mean a call to the doctor.

6:43am 9:43am 12:43pm 3:43pm 6:43pm 9:43pm 12:43am 3:43am

Car Seats 16 minutes
How to properly choose and install car seats.

Life with baby

7:00am 10:00am 1:00pm 4:00pm 7:00pm 10:00pm 1:00am 4:00am

Infant Hearing 11 minutes
Explanation of infant hearing test, and why it's important.

7:11am 10:11am 1:11pm 4:11pm 7:11pm 10:11pm 1:11am 4:11am

The Immunization Report 10 minutes
An explanation of vaccines and why they are so important.

7:23am 10:23am 1:23pm 4:23pm 7:23pm 10:23pm 1:23am 4:23am

Back to Sleep 4 minutes
Proper sleep positions to help prevent SIDS.

7:30am 10:30am 1:30pm 4:30pm 7:30pm 10:30pm 1:30am 4:30am

Child's Play 14 minutes
Playing is an important part of how infants and toddlers learn.

7:45am 10:45am 1:45pm 4:45pm 7:45pm 10:45pm 1:45am 4:45am

Never Shake a Baby! 15 minutes
How to cope with frustrations of a new baby.

Your growing family

8:00am 11:00am 2:00pm 5:00pm 8:00pm 11:00pm 2:00am 5:00am

Welcome to Washday 5 minutes
Extra care may be needed for your baby's laundry.

8:05am 11:05am 2:05pm 5:05pm 8:05pm 11:05pm 2:05am 5:05am

The Importance of Touch 9 minutes
Massaging your baby can make a difference to your baby's health.

8:14am 11:14am 2:14pm 5:14pm 8:14pm 11:14pm 2:14am 5:14am

Your Hygiene Routine 4 minutes
Make hand-washing a habit for better health.

8:19am 11:19am 2:19pm 5:19pm 8:19pm 11:19pm 2:19am 5:19am

Adult Immunization 2 minutes
Vaccines aren't just for infants and children. Learn about immunizations.

8:22am 11:22am 2:22pm 5:22pm 8:22pm 11:22pm 2:22am 5:22am

Breathing Easier 11 minutes
How to make your house free of asthma and allergy triggers.

8:35am 11:35am 2:35pm 5:35pm 8:35pm 11:35pm 2:35am 5:35am

Baby Your Skin 7 minutes
Infant skincare and common skin conditions.

8:43am 11:43am 2:43pm 5:43pm 8:43pm 11:43pm 2:43am 5:43am

Sibling Preparation 14 minutes
Parents talk about life with two or more children.